



2026 IAFP Research Day

# CALL FOR ABSTRACTS



Thursday, May 14  
Ritz Charles ([map](#)) | Carmel, IN

**Cash awards**

## General Information and Guidelines

- The 2026 IAFP Research Day will be held in Carmel, IN on Thursday, May 14, 2026.
- Location: Ritz Charles Ballrooms | 12156 N Meridian St, Carmel, IN 46032
- All members of the IAFP, including Active, Resident, & Student members, are eligible to submit **one abstract in each category** (see page 3) for consideration. Members should submit an abstract only if they and/or a co-author are **able to attend the event in person** to present their research.
- Preference will be given to Performance Improvement (PI) and Original Research abstracts that have **not previously been presented** at other meetings.
- Selected abstracts will normally be invited to participate in the competition by presenting an oral presentation with PowerPoint slides. In rare circumstances, poster presentations may be included in the event.
- The 2026 event will be split into two concurrent tracks: one for PI/Original Research and one for Case Presentations.
- A limited number of 10-minute time slots will be allotted for research presentations. Presenters should allow for Q&A within the 10-minute time slot.
- A panel of judges will decide which abstracts are suitable for oral presentation time slots. Selected abstracts *may* be invited to present a poster.
- Two panels of judges (one in each presentation track) will evaluate research presentations on May 14.
- Judges will eliminate themselves from reviewing an abstract, paper or presentation if they have had active involvement in that project's development, implementation, or presentation.
- Cash prizes will be awarded at the judging panels' discretion. Posters will not be awarded cash prizes.

### Medical Students

- Medical students will select the "FM Faculty" category if they assisted a faculty member in their research project or will select the "FM Resident" category if they assisted a resident member in their research project.

Further instructions detailing preparation for oral or poster presentations will be sent via email following the abstract judging process.

## Preliminary Agenda (subject to changes based on number of submitted abstracts)

9:30am - 9:45am	Welcome and housekeeping announcements
9:45am - 10:45am	Research Presentations
10:45am - 11:15am	Break to view exhibits
11:15am - 12:00pm	Research Presentations
12:00pm - 1:15pm	Leadership Program and Lunch
1:15pm - 1:30pm	Break
1:30pm - 3:00pm	Research Presentations
3:00pm - 3:15pm	Break to view exhibits; Judges' final deliberations
3:15pm - 3:30pm	Awarding of prizes, final announcements
3:30pm	Adjournment

## Research Categories

The abstract should describe an original work in one of the following categories:

1. **Original Research** (example: Comparison of Selected Measures Between Group Prenatal Care and Traditional Prenatal Care in a Residency Setting)
2. **PI - Performance/Quality Improvement** (example: Study Implementing New Clinical Work Flow - Well Child Quality Improvement Project)
3. **Case Report**
4. **Previously Presented or Work in progress**
  - This category is for presentations in categories 1-3 that have already been presented at a national meeting or prior IAFP research day.
  - Work that is not completed by the abstract submission deadline may still be considered for a poster presentation.
  - Depending on the number of abstracts submitted, this category may not be eligible for a cash prize.

### Please note:

- Research must have approval by your Institutional Review Board (if applicable to your project).
- Performance improvement projects must not contain patient identifying information.

**The deadline for abstract submission is Wednesday, April 1, 2026.**

**Use the online forms at <https://www.iafp.org/2026-rday>**

**You will receive further instructions on submitting your PowerPoint slides if your abstract is accepted.**

Questions? Call the IAFP at (317) 237-4237 or e-mail Chris Barry at [cbarry@iafp.org](mailto:cbarry@iafp.org)

## How To Write a Good Abstract

PLEASE READ CAREFULLY

SPECIFIC INSTRUCTIONS FOR EACH CATEGORY FOLLOW ON THE NEXT PAGES

### What is an Abstract?

An abstract is a brief synopsis of your entire paper that allows the reader to quickly gain an understanding of the contents of the paper. It often is used to index and retrieve articles. A well-prepared abstract can be the single most important part of an article.

### Criteria for Evaluation:

- The abstract should not exceed 300 words. This word count does not include the title or the subject headers (e.g. Background, Results, etc). *Abstracts exceeding 300 words will NOT be reviewed by our judges.*
- The abstracts will be evaluated for completeness. Each of the subheadings, such as “Methods & Design” must be addressed or the abstract will have point deductions assigned to its final score. Typos, grammar, incomplete sentences, and overall writing quality will all be taken into consideration by the judges when evaluating abstracts.
- The project’s oral presentation or poster must include the appropriate areas for the submission category. For example, a quality improvement project’s presentation must include the Plan, Do, Study, Act format.
- Where possible the author should make every effort to de-identify the project’s study sight.

Abstracts should not contain direct quotes or citations. Avoid abbreviations and acronyms unless first spelled out.

Good abstracts report rather than evaluate. Statements should be clearly written using verbs rather than noun equivalents and active rather than passive voice. The present tense should be used to describe results, while the past tense used to describe the specific variables manipulated.

The abstract should follow the structured format as seen in the following pages.

## Specifics for the abstract submission(s)

Type the TITLE in CAPITAL LETTERS.

*The abstract will be judged blind and must not contain any information that would allow a judge to identify the residency program or location. For example, "the study was completed at St. Mary's Medical Center" should become, "the study was completed in a large medical center."*

### ● PI - Performance/Quality Improvement

Authors submitting performance improvement projects must prepare a structured abstract of no more than 300 words under the following headings:

1. **Plan –**
  - a) Describe your proposed implementation for change.
2. **Do –**
  - a) Explain how you implemented your change. Did you do this on a trial basis?
3. **Study –**
  - a) Describe your collection of data.
  - b) What outcomes did you measure?
4. **Act –**
  - a) Re-evaluate how the change affected the process.
  - b) How successful was your performance improvement?
  - c) Do you need to implement another change?

## ● Original Research

Authors submitting reports of original data should prepare a structured abstract of no more than 300 words under the following headings:

1. **Hypothesis or Research Question**
  - a. What was the purpose of your study?
  - b. Begin the abstract with a clear statement of the precise objective or question addressed in the manuscript
2. **Background**
  - a. Define the issue being studied and the problem's scope
  - b. Describe the intervention
3. **Methods & Design**
  - a. Describe the basic design of your study (retrospective, case controlled, observational etc)
  - b. The statistics test(s) used to evaluate the data
  - c. State if IRB approval was obtained
4. **Results**
  - a. State the study's main results
  - b. The results should be accompanied by statistical significance, and if the data supported or refuted the hypothesis/research question
5. **Conclusion**
  - a. Give only those conclusions of the study that are directly supported by the evidence reported, along with their clinical application (avoid speculation and overgeneralization)

## ● Case Presentation

Authors submitting case presentations should prepare a structured abstract of no more than 300 words under the following headings: Objective, Case, Discussion, and Conclusion. The content following each heading should be as follows:

1. **Objective** - Begin the abstract with a precise statement (1-2 sentences) of the primary objective of the case report. Why is it worth reading? Sell its importance, interest, and relevance to the audience!
2. **Case** - Describe the case clearly and definitively. Avoid including unnecessary information that is not pertinent to the case, discussion or outcome. Use the Dragnet approach - "nothing but the facts Ma'am." For example, if the actual value of a lab test or physical finding is not important to the report or discussion, then either do not include it, or state that it was normal. Why does the case stand out?
3. **Discussion** - Put meaning to the case. How is this case similar to what is already known in the literature (similarities), and how is it different? Provide possible alternative explanations to what was found. Support what already has been documented in the literature, but also strengthen the unique qualities or explain why your case contrasts with previous case(s). Merely being "interesting" is NOT grounds for a case report. How does this case improve patient care?
4. **Conclusion** - What are the implications of this case? Avoid stating "Every family physician should know..." Instead, provide how knowing about this case will improve patient care or how it will change how one looks at a presenting finding, a condition, etc.